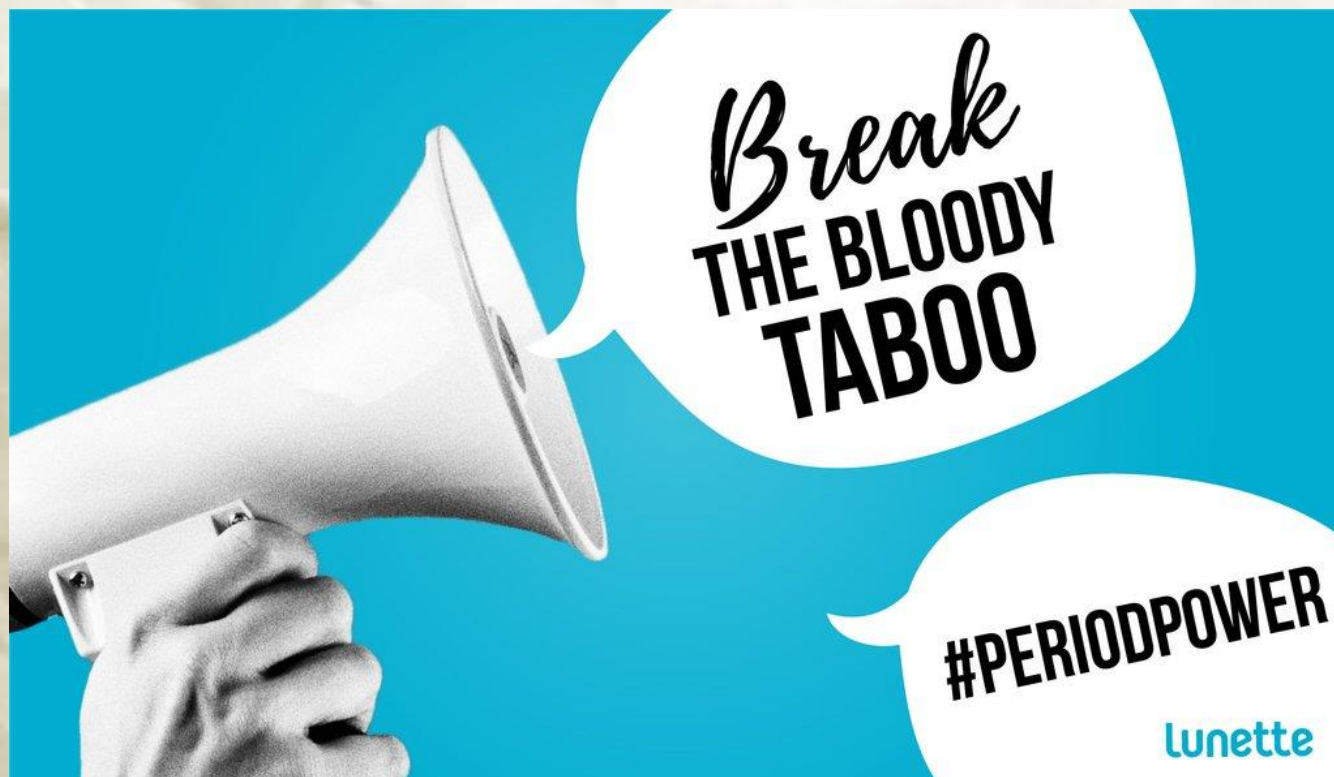


# A menstruáció környezeti és társadalmi vonatkozásai



Beszéljünk róla!



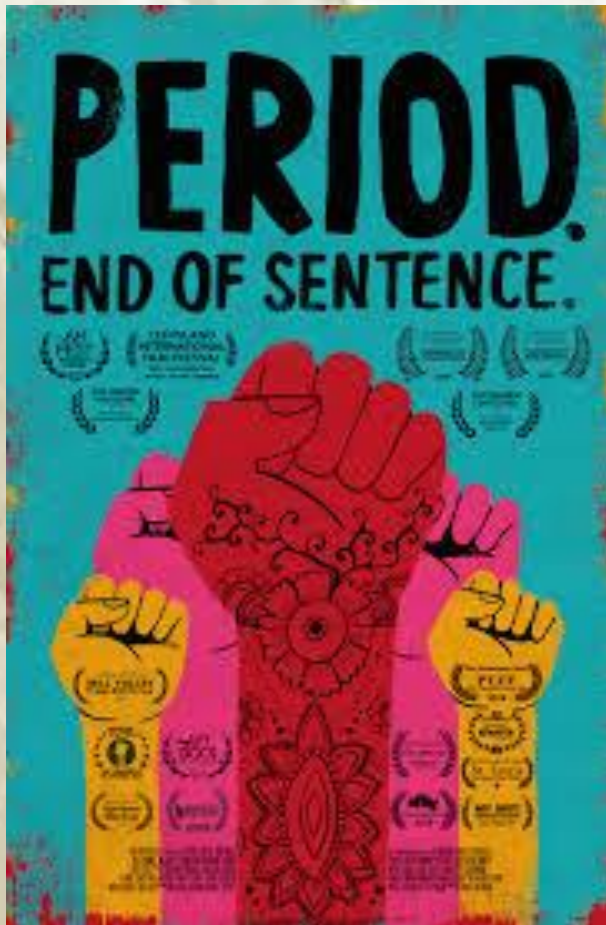
HUMUSZ  
szövetség

# Menstruációs szegénység

- » A menstruációs higiéniai termékek borsos ára miatt 2011-ben a nőknek mindössze 12 százaléka használt egészségügyi betétet Indiában – mára ez az arány körülbelül 20 százalékra emelkedett. A többiek a rongyok mellett újságpapírral, hamuval, levelekkel vagy fűrészporral pótolják azt, és ez nem ritkán halállal végződő fertőzésekhez.
- » Magyarországon 2019-ben is sok olyan fiatal lány van, aki havonta kimarad az iskolából, mert se betéthez, se tamponhoz nem jut hozzá.



# Menstruációs szegénység



# Menstruációs szegénység



# Egy kis történelem

- » Ókori Egyiptom: papiuszból tekert tampon
- » Középkor: menstruációs vérzés talajba keverése (trágyázás)
- » Vásznak, rongyok, gyapjúbetétek (drága)
- » 19. sz.: 1. világháború alatt használt kötszerek használata betétként



# Egy kis történelem

- » 1920as évek: Kotex egyszer használatos betét
- » 1931: első tampon aplikátorral
- » 1980: több tucat TSS eset



*How to DISPOSE of Kotex*

To dispose of Kotex, first open the gauze bandage to permit the inside filler to drop.

After the absorbent pad leaves the bandage, it is a simple matter to flush it away.

Then, holding the bandage by one end, snip off one-third of it with a pair of shears.

Then snip once again—this time half of the remaining length of the bandage. Flush bowl.

Finally, having cut the bandage into 3 pieces, drop the piece you are holding and flush again.

*If these directions are followed, Kotex will not clog the plumbing*

## KOTEX

*The New Sanitary Pad which Deodorizes*

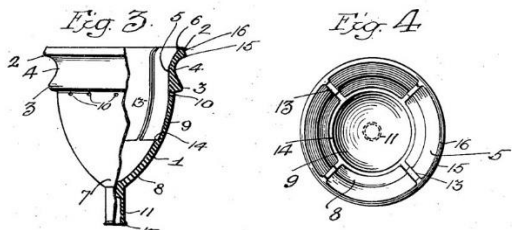
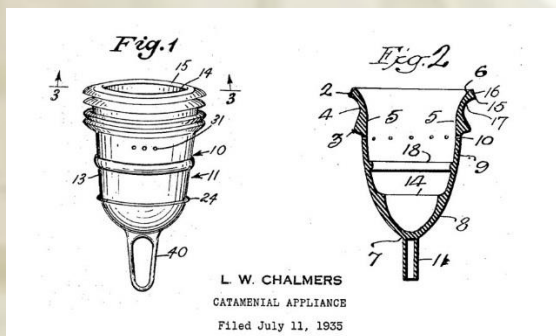
KOTEX COMPANY—180 North Michigan Avenue, Chicago



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# Egy kis történelem

- » 1867: első menstruációs csésze
- » 1930: első intimkehely szabadalmaztatása



**FARR'S IMPROVED FLEXIBLE UTERINE SUPPORTERS.**  
SOLD BY ALL DRUGGISTS. (Patents allowed Oct. 16th, 1883.)

Fig. 1. You will see by the cuts that I make two styles of Combined Abdominal and Uterine Supporters, each being equipped with Elastic Belts and Adjustable Pads for the Back and Kidneys. They are the only perfectly easy and efficient Uterine Supporters in use. The cup is made of pure rubber, with a coil spring moulded or imbedded in the stem, which gives it rigidity enough to hold the weight, yet it conforms and yields to the varying positions of the body, whether sitting or stooping. It is perfectly easy, and gives the wearer no inconvenience whatever. It is easy to insert, and is held in position by two elastic cords attached to the Belt (as shown in the cut), and being supplied with Adjustable Pads for the Back or Kidneys, thus relieving the Spine from all pressure, and enables you to put the pressure directly over the weak or painful parts. In fact, the Combined Abdominal, Back, Kidney and Uterine Supporter is by far the best that has ever been offered to the profession or public. I make 11, 16, 28, 40 and 42 inch belts. I also make three sizes of Flatthru Cups, Nos. 1, 2 and 3. Two length Straps, 4 1/2 and 3 inch. The prices to physicians, are as follows:

Improved Combined Abdominal and Uterine Supporter, as shown in Fig. No. 1, \$5 00  
 Combined Adjustable Pad Supporter, as shown in Fig. 2, 4 00  
 Improved Belt, without Cup, as shown in Fig. 3, 2 00

Adjustable Pad Belt, without Cup, as shown in Fig. 4, \$3 00  
 Plain Nonslastic Belt, with Uterine Cup, 3 00  
 Back and Kidney Belt alone (without Cup), and two Pads only, Fig. 5, 1 50  
 Flexible Uterine Cups, 2 00  
 Pelvic Uterine Supporters, 2 20

**FARR'S PATENT LADIES' MENSTRUAL RECEP-TACLE.**  
SOLD BY ALL DRUGGISTS and at Ladies' Furnishing Stores, etc.

This is the only Menstrual Recep-tacle in use, and is the greatest invention for the convenience and cleanliness of ladies. It gives entire satisfaction in all cases. No lady can afford to be without one. Its use is indispensable whether traveling or at home, and can be worn from the commencement of the menstrual period until its close. By its use the menstrual discharge is conducted directly from the uterus (or womb) into the recep-tacle, without coming in contact with the parts in any manner whatever. At night, before retiring, the fluid can and should be removed, simply by removing a cap, without removing the instrument. At the close of the period the instrument is removed, a Syringe is attached, and warm water or soap-suds forced through, which will clean it perfectly. It is then put aside until its use is required again. You will see in Fig. 1 an exact Cut of the Recep-tacle as worn. It is made of pure, soft rubber, with a flexible cup and stem to be inserted in the Vagina, the cup meeting the neck of the womb, hence the discharge is carried through the stem of the cup by means of a large hole, and deposited in the Recep-tacle, which is perfectly tight. It is so constructed and shaped that it does not interfere with any of nature's requirements, or give the wearer the least inconvenience.

By the use of this instrument a lady avoids all un-desirable and the use of napkins, trouble or changing, or expense of washing, the saving in which alone would be enough to pay for the Recep-tacle in a short time. They are very durable, and, with care, will last years. The price is very low, so they come within the reach of all. I sell a very good Syringe, complete, with the Recep-tacle, if desired. If you have a bulb and hose syringe, it can readily be attached to the instrument; if you have none it is indispensable. I furnish them with the Recep-tacle very low, or the Recep-tacle alone, in a nice box, as follows: Price of Menstrual Recep-tacle, \$1 each. Price of Syringe, 1 00

Sent by mail or express, as desired, to any address upon receipt of the money, by P. O. Order, Registered letter, Check or Draft, payable to my order. P. S.—Full directions accompany each instrument.

**FARR'S PATENT PELVIC UTERINE SUPPORTER.**  
SOLD BY DRUGGISTS and Surgical Instrument Dealers everywhere.

The Cut represents a Pelvic or Self-Supporting Uterine Supporter. It has a cup on either end (the lower one being inverted) connected by a flexible stem with a hose extending through its entire length. It is inserted in the vagina. The upper cup receives the neck of the uterus. The lower cup is also inserted, the rim resting on the pelvic floor. It so conforms to the parts that it does not rest on the anterior or posterior wall, but on the sides of the pelvic floor; thus it has a natural, firm bearing. Consequently, the walls of the vagina are not dilated as in the case of a Pessary of ordinary make, but is allowed to keep its natural position, thus assisting nature, holding the weight by means of its natural elasticity, enabling the ligaments to contract, without destroying any of the natural support derived from the vaginal walls, and unlike all other uterine supporters, it requires no cords or belts, but it is complete and simple within itself, requiring no appliances to hold and keep it in position. If made of pure soft rubber, it is perfectly easy and comfortable to wear, and does not cause the least inconvenience to the most sensitive patient. I make three sizes of cups, viz.: Small, 1 1/2 inches; Medium, 1 3/4 inches; Large, 2 inches. Three lengths stem, Short, Medium, and Long. Price to Physicians, \$5.00 each.

**PATENT IMPROVED FLEXIBLE RING PESSARY.**  
Patented May 15th, 1883.

No. 2.—3-inch outside diameter. | No. 4.—1/2 inch outside diameter.  
 No. 3.—3 1/2 inch outside diameter. | No. 5.—3/4 inch outside diameter.

Price, to physicians, 50 cents each, or \$5.00 per dozen.









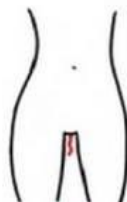




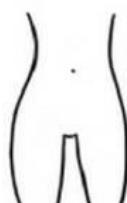

Dr. H. G. FARR, Sole Manufacturer  
 75 Essex Street, Boston, Mass.

Readers, Please Mention AMERICAN DRUGGIST when Writing or Buying.  
 nyamcenterforhistory.org





# Eldobható vs. többször használatos

				<b>Ft</b> 750 000 Ft egy élet során	 ± 12 000
				<b>Ft</b> 750 000 Ft egy élet során	 ± 12 000
 Fleurocup				<b>Ft</b> 6200 - 18 600 Ft egy élet során	 1-3 darab



# Mosható betét



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# Mosható betét

- » Természetes, jól szellőző anyag (pamut) + vízhatlan réteg
- » Utazáshoz vízhatlan szütyő
- » Élettartam kb. 5 év
- » Nem büdösödik
- » Áztatás: hideg vízben, folttisztító szappannal
- » Mosógépben is mosható



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# Intimkehely



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# Intimkehely

- » Elég 10-12 óránként üríteni
- » Élettartam kb. 10 év
- » Sportolhatsz vele, nem lóg ki madzag
- » Nincs szaga
- » Jobban megfigyelhető a menstruációs vérzés
- » Orvosi szilikonból legyen!
- » Nem sérti fel a nyálkahártyát, nem tapadnak meg bacik -> nincs TSS



# Intimkehely

» Hogyan érdemes választani?



Menstruációs kehely - Melyiket válasszam? | hormonmentes

hormonmentes • 134 E megtekintés • 7 hónapja

A menstruációs kelyheket sok más néven is ismerhetitek: menstruációs tölcser, intimtölcser, intimkehely... Ez egy orvosi ...



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# Összefoglalás

## INTIMHIGIÉNIÁS TERMÉKEK



### TUDDTAD?



A MENSTRUÁCIÓS TERMÉKEK VESZÉLYES ANYAGOKAT IS TARTALMAZNAK PL. GLIFOZÁT, BPA, FELÜLETAKTÍV ANYAGOK.



EGY NŐ ÉLETE SORÁN KB. 12.000 DB BETÉTET HASZNÁL EL.



ÉVES SZINTEN LEGALÁBB 4000 FT-OT SPÓROLHATUNK MEG TÖBBSZÖR HASZNÁLATOS TERMÉKEK HASZNÁLATÁVAL.



A NŐI HIGIÉNIÁS TERMÉKEK 90%-BAN MŰANYAGOT TARTALMAZNAK.

### MIT TEHETSZ?

KERESD A TÖBBSZÖR HASZNÁLATOS ALTERNATÍVÁKAT:



INTIMKEHELY



MOSHATÓ BETÉT



MENSTRUÁCIÓS BUGYI

PEOPLE'S  
DESIGN  
LAB



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